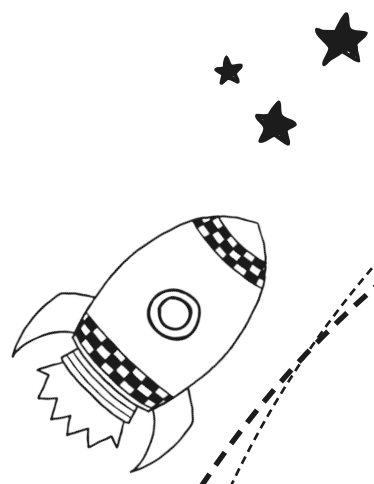
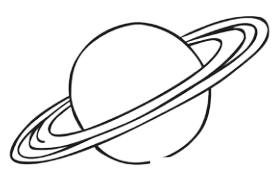


user guide



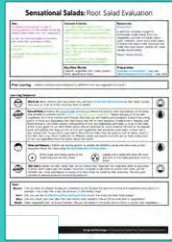


What is in a planit unit?

Each individual unit contains...



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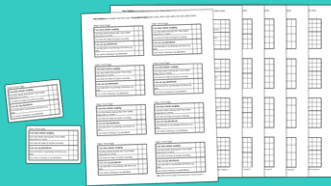
Lesson Plan



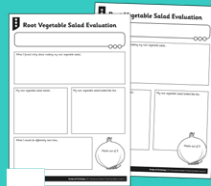
Lesson Presentation

Six Lesson Packs

each containing...



Success Criteria Grids



Activity Sheets

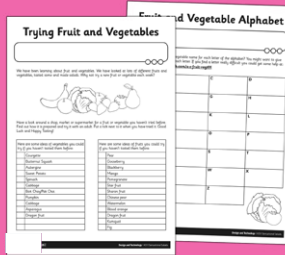


Recipes, Instructions, Photo Packs & Games



Adult Guidance

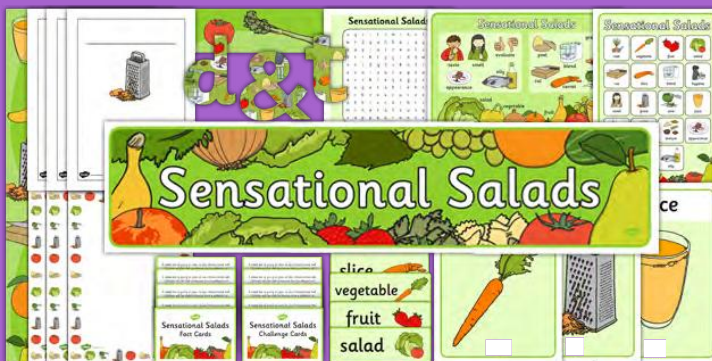
and sometimes...



Two Home Learning Tasks



Assessment Pack



Additional Resources Pack

- Display Banner
- Display Lettering
- Display Borders
- Display Posters & Photos
- Word Cards
- Word Mat
- Page Borders & Writing Frames
- Word Search (differentiated)



Fact Cards



Word Grid



Challenge Cards

What goes into a planit lesson plan

Each lesson pack contains a lesson plan as a pdf document. Text can be copied from the plan to your own planning format. The lesson plan is split into four main sections to help with your planning.

Unit Name

Lesson Name

Resources: Any resources you need will be listed here.

Aim: The text in red is the 2014 NC aim. The purple text puts it into the context of the lesson and the green text gives you a child friendly aim for the lesson.

Preparation: Here you will find everything that needs preparing before the lesson.

Learning Sequence: Takes you through the lesson step by step.

You'll find twinkl resources in blue and bold, hyper-links are also underlined.

These titles in bold match the relevant slides in the lesson presentation

You'll find key assessment opportunities in green in the learning sequence.

Our icons tell you the type of activity involved for each part of the lesson. You can find out more about these at the bottom of the page.

Differentiation is indicated by 1, 2 or 3 stars.

Taskit: This section gives you additional ideas as well as cross curricular links that you could use to extend the lesson, to challenge individuals or plan another lesson.

The egg timers tell you how long that part of the lesson should last; short, medium or long. If you don't have time for the full lesson, this might help you select individual parts.

Footer: This tells you which unit the lesson comes from and where the lesson comes within the unit, all footers follow this pattern:
Subject | Key Stage | Unit Name | Lesson Name | Lesson Number

Sensational Salads: Root Salad Evaluation

Aim: To explore and evaluate a range of existing products in the context of tasting salads made mainly from root vegetables. To use the basic principles of a healthy and varied diet to prepare dishes. I can explore and evaluate existing products. I can explain why I need to eat fruit and vegetables.	Success Criteria: I can taste salads made from root vegetables and explain what I like about them and how they could be improved. I can say which salad I liked the most and why. I can explain that it is important to eat at least 5 portions of fruit and vegetables a day to help give me energy and keep my body healthy. I can explain that fruit and vegetables contain lots of vitamins and minerals. Key/New Words: Evaluate, vegetable, root, salad, texture, smell, appearance, taste.	Resources: Lesson Pack A selection of salads, bought or homemade, made mainly from root vegetables, eg beetroot salad, potato salad, coleslaw, carrot and satana salad. (Children will vote on their favourite and make them next lesson, recipes for these salads are provided). Plastic tasting spoons. Preparation: Food Mat Activity Sheet - 1 per pair Salad Evaluation Activity Sheet - 1 per child
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Prior Learning: Children will have been introduced to different fruits and vegetables in lesson 1.

Learning Sequence

Warm Up: When children start the lesson they will have a Food Mat Activity Sheet on their desk. Quickly, they have to circle all of the food they think is healthy.	Estwell Plate: Produce the Estwell Plate and discuss where the food on their mat belongs on the plate and how it is healthy or not. Why is it important to eat vegetables? In pairs, discuss how many vegetables are rich in vitamins and minerals that help you feel healthy and energised. Explain that eating plenty of fruits and vegetables may help reduce the risk of many diseases, including heart disease, high blood pressure, and some cancers. Eating plenty of fruit and vegetables also helps us to go to the toilet which is also good for us! (Note these issues may be sensitive for some children). Re-look at the eatwell plate and highlight the large portion of fruit and vegetables that should be eaten daily; at least five a day. Explain that five portions a day seems like a lot but today they are going to look at clever ways to eat their five a day. Show a selection of different salads and explain that they are all made using some of the root vegetables that they learnt about last lesson.	Taste and Evaluate: Children use tasting spoons to sample the different salads and then write a short evaluation about the salad using the Salad Evaluation Activity Sheet .
Taskit: Rhymeit: Can you think of a rhyme to help you remember to eat at least five portions of fruit and vegetables every day? For example, 'Five a day, five a day, we all know it's the healthy way!'	Tally Chart: Explain that next week they will be making their favourite root vegetable salad so you need to know which salad was the classes' favourite. Complete a tally chart to record their votes. (As the children vote, invite individuals to explain why they chose the salad as their favourite. This will allow children to verbally evaluate the existing products.)	Readit: Read 'Vegetable Glue' by Susan Chandler. Discuss the issues in the books around why it is good to eat vegetables.

Design and Technology | KS1 | Sensational Salads | Root Salad Evaluation | Lesson 2

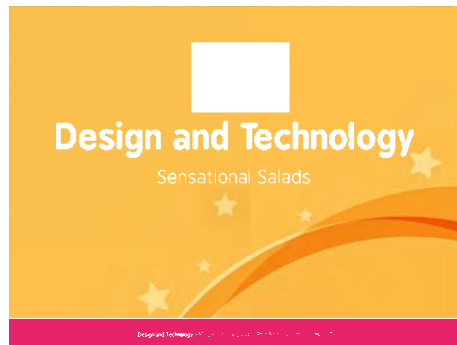
Lesson Plan Icons

Duration of Activity	Short 	Medium 	Long 	 Individual	 Talk Partners
Differentiation	Low 	Medium 	High 	 Pairs	 Mental & Oral Starter (Math units only)
Assessment		Or look for green text in the learning sequence.		 Group Work	 Teacher Led
				 Whole Class	

What goes into a plan*it* lesson presentation?

Each lesson pack has a lesson presentation, available as a PowerPoint or interactive whiteboard file. The presentation frames the learning sequence as outlined on the lesson plan, providing information, posing questions and setting tasks.

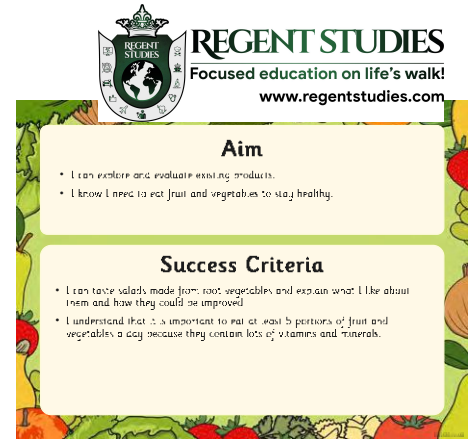
Each presentation has the same 3 slides at the beginning;



Slide One: Plan*it* title slide with the subject and the unit title. The footer of the slide will match the lesson plan.



Slide Two: Child friendly title slide. You might choose to start your lesson with this slide.



Slide Three: Child friendly aim and success criteria.

Slide titles in the lesson presentation correspond with the bold titles in the learning sequence in the lesson plan.

You'll find the corresponding icon in the top right hand corner. There is a key to the icons at the bottom of the page.



Every presentation will repeat the success criteria slide at the end of the presentation to facilitate the children's assessment.

Lesson Presentation Icons



Individual



Group Work



Talk Partners



Assessment



Pairs



Whole Class



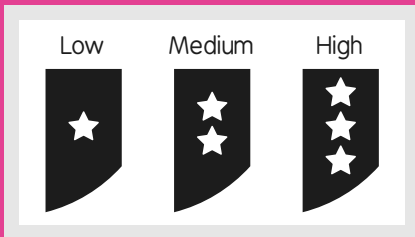
Mental & Oral Starter
(Math units only)

Our activity sheets.

Our activity sheets are provided in .pdf format and .doc format.

Differentiation is indicated by the star system.

Activity Sheet Icons




★
★
★
Root Vegetable Salad Evaluation

What I found tricky about making my root vegetable salad...

My root vegetable salad tasted...

My root vegetable salad looked like this.

What I would do differently next time...



Marks out of 5

Design and Technology / KS1 | Sensational Salads | Preparing Salads | Lesson 3

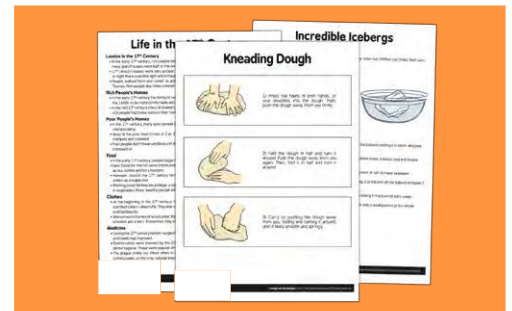
... The blank box is designed for the child to write the lesson aim in. An editable version with the aim already typed is also provided. The three circles are for optional self or teacher assessment.

e.g. traffic light colours or shading 1, 2 or 3.

... The footer will let you know which unit and lesson the activity sheet is from.

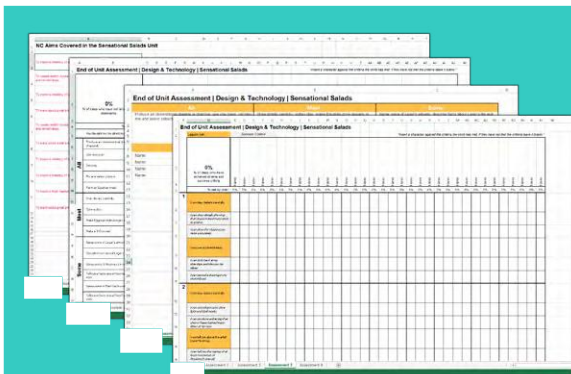
What is *planit* adult guidance?

Adult guidance provides teachers with background knowledge and information to assist with the lesson. The type of guidance in the pack will depend on the lesson content




What is in the *planit* assessment pack?

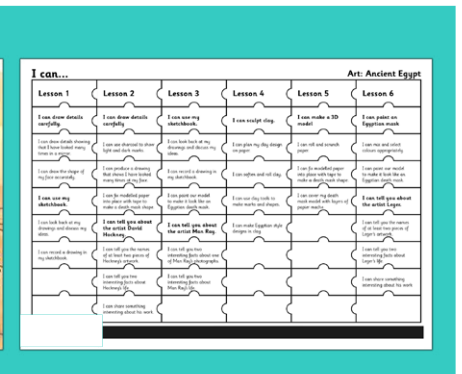
We have put together some ready made assessment tools for each unit. More information and ideas on how to use these tools can be found in the Assessment Guidance.



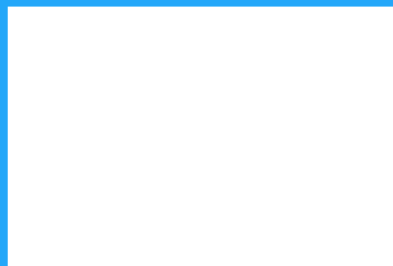
Assessment Spreadsheet



KWL Grid



Jigsaw Targets



Be kind to yourself, you're doing wonderfully.

